



# July 15-24, 2024

## Costa Rica Nature Tour

### An Adventure of a Lifetime

Journey through Sevegre's tropical cloud forest, home to the rare resplendent quetzel. Get up close to the active and majestic Arenal Volcano. Explore the famous green sea turtle nesting beaches and wetlands of Tortuguero National Park. We'll also see sloths, toucans, monkeys, and many rare and wonderful birds. This small group Costa Rican adventure is led by local expert naturalists and includes private boat tours, small airplane transit, hiking, waterfalls, a chocolate tour, soaking in natural hot springs, staying at luxury jungle hotels, and enjoying the flavorful local cuisine amidst the spectacular scenery of this friendly country.



### Itinerary

#### Day 1: Arrival to San Jose

First night at Bougainvillea Hotel.  
Exploration of 10 acre botanical garden

#### Day 2: Arenal Volcano

Departure to Arenal Observatory Lodge  
Afternoon rainforest hike.

#### Day 3: Arenal Observatory Lodge

All day exploration of the Arenal  
Observatory gardens and private rain  
forest preserve.

#### Day 4: Arenal Volcano

Morning walk at Arenal rain forest,  
followed by an afternoon visit to local  
hot springs.

#### Day 5: Tortuguero National Park

Boat ride to Tortuguero. National Park.  
Night outing to see nesting sea turtles.

#### Day 6: Tortuguero National Park

Hike the famous Tortuguero Mountain.  
Boat tour in Tortuguero National Park.

#### Day 7: Talamanca Mountains

Local flight to San Jose and mountain  
drive to Savegre Lodge.

#### Day 8: Savegre Lodge

Morning hike through an ancient oak  
forest and cloud forest. Afternoon at  
leisure to enjoy hotel amenities

#### Day 9: Last night in San Jose

Bougainvillea Hotel and gardens

#### Day 10: Transfer to San Jose Airport



Day 1: Mon, July 15

## Arrival in San Jose

Upon arrival at San Jose International Airport (SJO), we will be transferred to the Bougainvillea Hotel.

Set among 10 acres of lush award-winning botanical gardens, this comfortable hotel, just 30 minutes from the airport, is an ideal location to start our adventure in Costa Rica.

We will gather in the evening at the hotel restaurant to go over the itinerary and the next day's activities.

[www.hb.co.cr](http://www.hb.co.cr)



Day 2: Tues, July 16

## Arenal Volcano



After breakfast, our private bus will take us on a 3-hour drive to reach the luxurious Arenal Observatory Lodge, nestled among elaborate gardens at the base of one of the most iconic active volcanoes in Costa Rica.

In addition to the spectacular volcano, tropical birds, monkeys, sloths, and other animals living in this majestic landscape make this an unforgettable destination.

Night hike to the local frog pond in search of red-eye tree frogs and other creatures.  
[www.arenalobservatorylodge.com](http://www.arenalobservatorylodge.com)

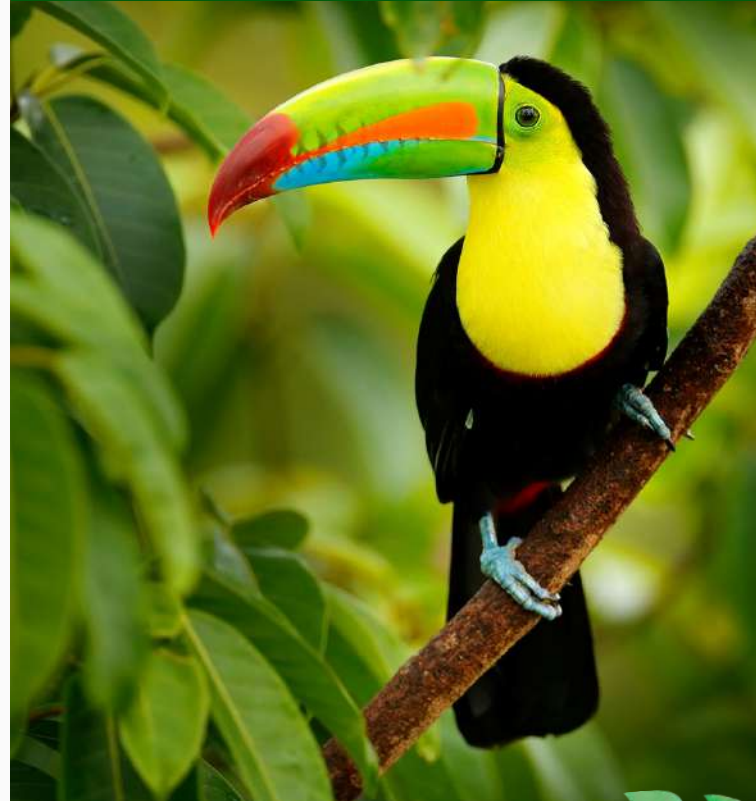


Day 3: Wed, July 17

## Arenal Observatory

Early morning bird watching at our lodge's bird feeders, which use fruit to draw many species. After breakfast, we will hike the trails and a waterfall in the hotel's private reserve.

The Arenal Observatory Lodge is a worldwide destination for nature lovers and bird watchers, with great chances to see howler monkeys, white-faced capuchin monkeys, spider monkeys, toucans, and other Central American wildlife.



Day 4: Thur, July 18

## Arenal Volcano



Early morning nature walk on the lodge's trails, followed by breakfast.

Then we will depart to a local cocoa plantation to learn about this significant plant and the chocolate-making process.

Lunch at a local restaurant with the opportunity to taste some of the world's finest chocolate.

After lunch, we will visit the Eco-Thermals Hot Springs, and soak to our heart's content in the natural springs surrounded by rainforest scenery and sounds.

Day 5: Fri, July 19

## Tortuguero



After breakfast, our bus will take us on a 3-hour drive, followed by a boat ride through rivers and canals surrounded by tropical rainforests until we reach Tortuguero and Manatus Lodge. Afternoon walk through the village of Tortuguero and visit the Caribbean Conservation Corporation sea turtle research station.

Night outing to observe nesting green sea turtles. Tortuguero is the most important nesting beach for Caribbean green sea turtles. The 18-mile beach can host up to 2,500 nesting females on a peak night.

[www.manatuscostarica.com](http://www.manatuscostarica.com)

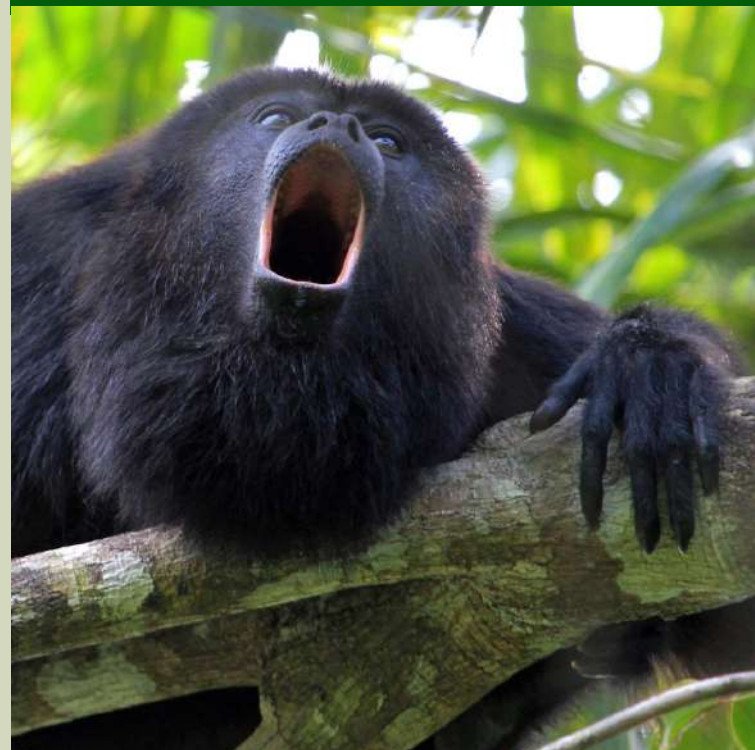


Early morning boat outing to explore the rainforest of Tortuguero National Park. Our open canopy boats will allow for maximum visibility of the surrounding rainforest, with great chances to see howler monkeys, spider monkeys, three-toed sloths, and several species of toucans.

We will return to our lodge for lunch, followed by an afternoon hike in the Tortuguero National Park primary rainforest.

Day 6: Sat, July 20

## Tortuguero



Day 7: Sun, July 21

## Talamanca Mountains



After breakfast, we will take a short boat ride to the Tortuguero airport, where we will take a 40-minute flight to San Jose. There our driver, Ricardo, will be waiting to take us on a 2.5-hour drive up the Talamanca Mountains, the tallest mountain range in Costa Rica. Our destination, Savegre Lodge, is a family-owned lodge with its own protected cloud forest preserve located along the bank of the Savegre River. This marvelous location surrounded by cloud forests and orchards offers trails that lead to cascading waterfalls. Here, it's usually possible to see the famous Resplendent Quetzal, an iconic bird idolized by the ancient Mayan culture.

[www.savegre.com](http://www.savegre.com)

Day 8: Mon, July 22

## Cloudforest

After breakfast, we will board the hotel's Land Rovers and head to an ancient oak forest at the top of the mountain range. From there, we will take a leisurely hike back down to the lodge.

Along the way, we will encounter high-altitude bird species, giant ferns, and other species typical of this region.

We will spend the afternoon at leisure with the option for a walk into town or stay at the lodge and enjoy the hotel amenities which include a great spa, bar, and hot tubs.



Day 9: Tues, July 23

## Bougainvillea Hotel



Breakfast at the Savegre Lodge before departure to San Jose and the Bougainvillea Hotel.

Free afternoon to rest and explore the award-winning botanical gardens, pool, or spa, that make Bougainvillea the perfect setting to end our journey.

Farewell dinner at the hotel's restaurant, Vitarales.

Day 10: Wed, July 24

## Transfer to SJO Airport

Our adventure comes to an end. After seven days of exploring the magic of this tropical country, we return home with lifelong memories.

Hasta Luego, Costa Rica!



# ECO-ADVENTURES OF COSTA RICA

Tel. 843-290-0804

## Meet your tour leaders

Samantha Campbell



Samantha is a naturalist and educator who has worked in the fields of Environmental Education and Wildlife Conservation for 3 decades and is currently the Ecology and Gardening Educator at Lowcountry Montessori School. She has worked with the South Carolina DNR Marine Turtle Conservation and Genetic Research Project for the last 19 years, as well as with several wildlife protection programs worldwide. She has a passion for plants, and animals, travel, and having adventures outside in nature.

Carlos Chacon



Carlos Chacon, a native Costa Rican, moved to Hilton Head Island, South Carolina 20 years ago. He has been a naturalist for more than 25 years -- first in his home country leading nature tours in the rainforest and other tropical environments and later on the South Carolina coast and barrier islands.

Carlos directed the Hilton Head Island Sea Turtle Protection Project for 7 years, He regularly organizes and leads groups of U.S. nature enthusiasts through the diverse ecosystems of Costa Rica.



## Questions?

Email Carlos at [Ecoladventures@gmail.com](mailto:Ecoladventures@gmail.com)

or

Samantha at [carettsamantha@gmail.com](mailto:carettsamantha@gmail.com)

## ADDITIONAL INFORMATION

This trip is limited to a maximum of 12 participants.  
\$3900: Price per person based on double occupancy  
\$750: Single supplement for a private room

### Prices are per person and include:

Private transportation on microbus with A/C,  
and boat as described  
Private naturalist guide services  
Lodging and meals as described  
Activities and entrance fees as described

### Not Included:

Personal expenses, (medical expenses,  
alcoholic drinks, souvenirs, etc.)  
Round-trip airfare to Costa Rica  
Travel Insurance  
Medical Insurance

### Payment and Cancellation Policies:

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the participant cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial commitment check of \$500 made to Eco-Adventures LLC. Mail your committment check to:  
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