



June 17-25, 2025

# Costa Rica Nature Trip

## An Adventure of a Lifetime !

Join this customized, small-group nature trip through Costa Rica's amazing and diverse ecosystems. Walk through rainforests, explore active volcanoes, and search for sloths, toucans, monkeys and other tropical wildlife. See nesting Green Sea Turtles. Boat through secluded waterways surrounded by nature. Visit natural volcanic hot-springs.



## ITINERARY

### Day 1: Arrival to San Jose

First night at Bougainvillea Hotel. Welcome dinner at the hotel restaurant.

### Day 2: Caribblue Lodge

Drive to Cahuita. Visit to a local home for birding and lunch on the way.

### Day 3: Cahuita National Park

Visit Cahuita National Park.

### Days 4 : Manatus Lodge

Fly to Tortuguero on a private charter flight. Night outing to see nesting sea turtles

### Days 5: Tortuguero National Park

Rainforest canals tour. Afternoon hike in Tortuguero National Park.

### Day 6: Arenal Observatory Lodge

Transfer to Arenal Observatory Lodge.

### Day 7: Arenal Volcano Area

Full-day exploration of the Arenal Observatory Lodge. Visit a local waterfall, and hike through rainforest trails.

### Day 8: Arenal Volcano Area

Morning walk at Arenal Hanging Bridges, followed by a visit to local hot-springs.

### Day 9: Departure

Transfer to San Jose airport.

Hasta luego, Costa Rica!

Day 1: Tuesday, June 17

## Arrival in San Jose



Upon arrival at San Jose International Airport (SJO), we will be transferred to the Bougainvillea Hotel.

Set among 10 acres of award-winning botanical gardens, this boutique hotel is a haven for travelers in the metropolitan area.

We will gather for the welcome dinner at the hotel's Vitrales Restaurant to go over the itinerary and the next day's activities.



Day 2: Wed , June 18

## Caribblue Beach & Jungle Resort



We start our day driving through the massive Braulio Carrillo National Park with breathtaking rainforest views.

On the way to the Caribblue lodge, we will stop at Picos y Plumas, a local countryside house with feeders that attract many species of birds.

We will eat lunch at Picos y Plumas before continuing on our way to Caribblue Beach & Jungle Resort.

Late afternoon arrival to Caribblue. Dinner and overnight at Caribblue

[www.caribblue.com](http://www.caribblue.com)

Day 3: Thursday, June 19

## Cahuita National Park

After a morning birding walk through the lodge's trails, we eat breakfast and then depart for nearby Cahuita National Park. This park protects 1,106 hectares of pristine coastal rainforest and 22,300 hectares of marine environment including the most vibrant coral reefs in Costa Rica.

Our hike through the park will present great bird-watching opportunities and chances to see other wildlife such as sloths, monkeys, and the colorful Golden Eyelash Viper. We will spend the afternoon at leisure with the opportunity to explore the beach and enjoy the hotel amenities.



Day 4: Friday, June 20

## Manatus Lodge



Morning departure to Limon airport to catch our private flight to Tortuguero. In the afternoon we will visit the local Tortuguero Village.

After dinner, we embark on a night outing to see nesting Green Sea Turtles. Local guides will lead us in a 2-hour exploration of the sea turtle nesting process. Tortuguero is the most important nesting beach for Caribbean Green Sea Turtles. The 18-mile beach can host up to 2,500 nesting females on a peak night.

[www.manatuscostarica.com](http://www.manatuscostarica.com)

Day 5: Saturday, June 21

## Tortuguero National Park



An early morning boat tour will take us through the canals of Tortuguero National Park. Our open canopy boats will allow for maximum visibility of the surrounding rainforest. This will be followed by a mid-morning hike in the Tortuguero National Park. Then we will return for lunch at the lodge. During the afternoon we will do a second birding outing by boat in a different area of the Tortuguero National Park.

We depart for the Arenal Observatory Lodge via a one-hour boat ride followed by a 2.5-hour drive to the Arenal Volcano.

The Arenal Volcano is one of the most iconic volcanos in Costa Rica, with a constant expulsion of gas from its main crater. In addition to the spectacular volcano, the tropical birds, monkeys, sloths, and other animals living in this majestic landscape make this destination unforgettable.

Night hike to the local frog pond in search of Red-eye Tree Frogs and other creatures.

[www.arenalobservatorylodge.com](http://www.arenalobservatorylodge.com)

Day 6: Sunday, June 22

## Arenal Volcano



Day 7: Monday, June 23

## Arenal Observatory



We will enjoy the first part of the morning watching birds coming to the fruit at the lodge's feeders, followed by breakfast. Then we hike the trails in the hotel's private reserve to visit a waterfall.

The Arenal Observatory Lodge is a worldwide destination for nature lovers and bird watchers, with great chances to see monkeys, toucans, and other iconic tropical wildlife.

Day 8: Tuesday, June 24

## Arenal Volcano

There will be an early morning nature walk on the lodge's trails, followed by breakfast and departure for a canopy walk at Arenal Hanging Bridges.

The many bridges of this private reserve will bring you up close to birds, flowers and lush vegetation of the towering trees in this primary rainforest.

Lunch at a local restaurant. After lunch, we visit the Eco-Thermals Hot Springs, where we soak to our hearts' content in the natural springs surrounded by rain forest.



Transfer to SJO Airport



Breakfast at Arenal Observatory Lodge, followed by departure for the San Jose International Airport (SJO).

Our adventure comes to an end. After nine days exploring Costa Rica, we return home full of memories and new life experiences.

**Important Note:** Your return flight must depart after 12 pm.



## Meet your expedition leader

### Carlos Chacon



Carlos' passion for nature grew out of his childhood experiences in the rainforests of Costa Rica. While earning his B.S. in Tropical Biology at the University of Costa Rica, he gained first-hand knowledge about local wildlife species by working as a zookeeper at the Costa Rica National Zoo. After graduation, Carlos worked as a naturalist for Lindblad Expeditions, National Geographic, Nature Conservancy, Mountain Sobek Travel, and several other companies traveling throughout Costa Rica and on cruises to the Galapagos, Ecuador, Panama and Alaska. In 2005 Carlos started his own eco-tour company. Carlos specializes in small group trips on which participants experience both the rich biodiversity and the local culture of Costa Rica.

# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

This trip is limited to a maximum of 12 participants

\$ 4,100: Price per person based on double occupancy  
\$750 single supplement

### Prices are per person and include:

Private transportation on a private bus with A/C  
Transportation by boat and plane as described  
Private naturalist guide services  
Lodging and meals as described  
Activities and entrance fees as described

### Not Included:

Round-trip airfare to Costa Rica  
Personal expenses (medical expenses)  
Travel Insurance  
Alcoholic drinks  
Medical insurance

### Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending a non-refundable commitment check of \$500 made to Eco-Adventures LLC. Mail your committment check to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910