

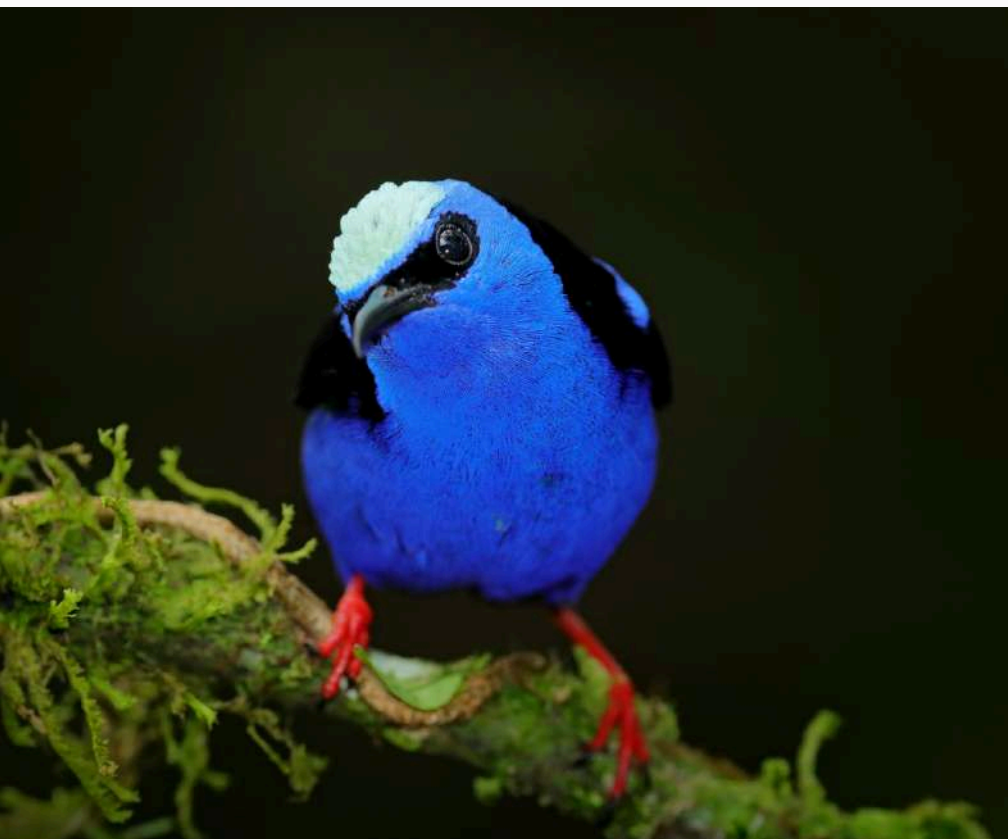
August 18-25, 2025

# Palmetto Bluff Costa Rica Trip



## An Adventure of a Lifetime

Join Palmetto Bluff Naturalist Lydia Moore and Costa Rican Naturalist Carlos Chacon on a customized nature trip through Costa Rica. This trip is a naturalist's dream, we explore the rainforests, visit active volcanoes, and search for sloths, toucans, monkeys, and other tropical wildlife while staying in luxurious accommodations. The trip is limited to 12 participants.



## Itinerary

### Day 1: Arrival at Liberia

Transfer to Borinquen Lodge  
Afternoon exploring Borinquen Lodge

### Day 2: Rincon de la Vieja National Park

Morning departure to Rincon de la Vieja National Park. This active volcano offers great bird watching possibilities.

### Day 3: Borinquen Lodge

Full day exploring the Borinquen private forest preserve.

### Days 4 : Monteverde Moutains

Transfer to Monteverde and Fondavela Lodge. Afternoon hike at the Skywalk hanging bridges preserve.

### Days 5: Monteverde Cloudforest

Early morning visit to a local coffee farm, afternoon hike at the Monteverde preserve and visit to the Hummingbird Gallery.

### Day 6: Arenal Observatory Lodge

Departure to Arenal Observatory Lodge. Afternoon hike on the lodge rainforest preserve.

### Day 7: Arenal Volcano Area

Full-day exploration of the Arenal Observatory Lodge. Visit a local waterfall, and hike through rainforest trails.

### Day 8: Arenal Volcano Area

Morning visit to local rainforest preserve. Afternoon visit to local natural hot-springs

### Day 9: Departure

Transfer to San Jose ariport.  
Hasta luego, Costa Rica!

## Day 1: Monday 18

### Arrival in Liberia

Upon arrival at Liberia International Airport (LIR), after arrival, we will drive for 45 minutes to Borinquen Lodge

Borinquen offer opportunities to see many species of birds and other animals, as well as amenities such as volcanic mud baths, a steam cabana and a lovely pool.

After getting settled at the lodge, the group will gather for our welcome dinner at the hotel's restaurant.

Dinner and overnight at Borinquen Lodge.  
[www.borinquenresort.com](http://www.borinquenresort.com)



## Day 2: Tuesday 19

### Borinquen Lodge

Early morning bird watching at the lodge grounds. Breakfast at the lodge followed by a visit to Rincon de la Vieja Volcano National Park.

Rincon de la Vieja is the largest of the active volcanoes in the northern Costa Rican volcanic range. We will spend the morning exploring the volcanic forest and the volcanic vents at the base of the 1,800-meter high mountain.





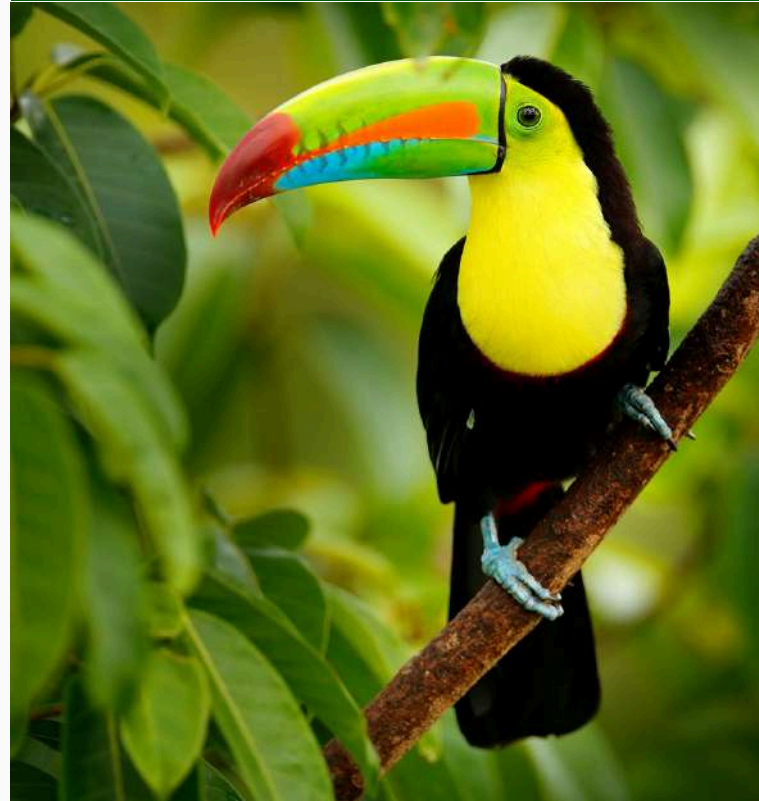
## Day 3: Wednesday 20

### Borinquen Lodge

Early morning bird watching in the lodge gardens.

After breakfast, the lodge all terrain pickup truck will drive us to an spectacular lookout point near the top of the mountain range, from there we will hike down back to the lodge. Our hike will take us to a couple of waterfalls, through primary and secondary forest and through open grasslands, which will give us great diverse birding opportunities.

Afternoon to explore and enjoy the lodge amenities, such as the spa, mud baths, hot-springs, pool and other amenities.



## Day 4: Thursday 21

### Monteverde Mountains



Breakfast at the hotel. Departure to the Monteverde Mountains in central Costa Rica with a stop in route for a hike the Monteverde Sky walk Hanging Bridges.

The trails and bridges of this private reserve will bring you up close to birds, flowers, and lush vegetation of the cloud forest.

Afternoon arrival to the Fonda Vela Lodge. A family-owned lodge with its own protected cloud forest Preserve. Dinner and overnight at the Fonda Vela Lodge.

Day 5: Friday 22

## Fonda Vela Lodge



Morning visit to a local coffee farm, in Costa Rica that is famous for its coffee, learn how coffee is harvested and processed. An afternoon hike at Monteverde Cloudforest preserve, the nesting site of the Resplendent Quetzal.

Afternoon visit the Hummingbird Gallery. This unique gift shop has a series of hummingbird feeders that attract up to 12 species of hummingbirds. From the giant Violet Sabrewing to the tiny Coppery Headed Emerald. Get your cameras and binoculars ready!



Departure to the Arenal Observatory Lodge.

The Arenal Volcano is one of the most iconic volcanos in Costa Rica, with a constant expulsion of gas from its main crater. In addition to the spectacular volcano, the tropical birds, monkeys, sloths and other animals living in this majestic landscape make this destination unforgettable.

Night hike to the local frog pond in search of Red-eye Tree Frogs and other creatures.

Day 6: Saturday 23

## Arenal Volcano



## Day 7: Sunday 24

### Arenal Volcano



Early morning birding on the lodge's trails, followed by breakfast. After breakfast, we will bird watch on the gardens and trails of the Arenal Observatory private rainforest. This is a famous location to see numerous birds, monkeys, and other rainforest wildlife.

After dinner, we will go on a night hike in search of the Red-eye Tree Frog and other creatures.



Early morning bird watching around hotel grounds and feeders.

Morning visit to the Bogarin Trail, a site known for its diverse wildlife and abundance of sloths.

Afternoon visit Eco-Thermals hot springs, owned by the Hidalgo family. We will soak to our heart's content in Arenal Volcano natural hot springs.

## Day 8: Monday 25

### Arenal Volcano





Our adventure comes to an end.

After 9 days of exploring the magic of this tropical country, we return home with lifelong memories.

**Important Note:** Your return flight should be booked after 12 pm on April 24.



## Hasta Luego Costa Rica

**Important Note:**

You must book your flight using the multi-city option. You must book your arrival flight to the Liberia airport (airport code LIR) in northern Costa Rica on April 16 close to 12 pm. Both Delta Airlines and American Airlines have convenient flights for our trip. You must book your departure from the San Jose airport (airport code SJO) after 12 pm on April 24.



## Meet your tour leaders

### Lydia Moore



Lydia Moore was born and raised in Charleston, SC, where she formed a passion for ecology. She earned her graduate degree at Auburn University studying bats in the Coastal Plain of South Carolina. Lydia is currently the Research and Education Manager at the Palmetto Bluff Conservancy, where she oversees education and outreach programs as well as research initiatives. Her current research focus is on species sensitive to land-use change, including bats, birds, and insects.

### Carlos Chacon



Carlos Chacon, a native Costa Rican, moved to Hilton Head Island, SC about 20 years ago. He has been a naturalist for more than 25 years -- first in his home country leading nature tours in the rainforest and other tropical environments and later on the South Carolina coast and barrier islands. Carlos works part-time as the Natural History Manager for the Coastal Discovery Museum on Hilton Head Island. He regularly organizes and leads groups of U.S. nature enthusiasts through the diverse ecosystems of Costa Rica.



Sign up by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial commitment \$500 check made to EcoAdventures LLC and mailed to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910

# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 12 participants

\$ 4,650: Price per person based on double occupancy-\$750 single supplement

Prices are per person and include:

Private transportation on microbus with air conditioning

Transportation by boat as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

Not Included:

Round trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Travel Insurance

Medical insurance

### Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial commitment check of \$500 made to Eco-Adventures LLC. Mail your committment check to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910