

July 15-23, 2025

# Costa Rica Nature Trip



## An Adventure of a Lifetime!

Join us for 10 days of exploring Costa Rica's fascinating and diverse habitats. Our trip starts with two days exploring the rainforest at Tortuguero National Park, where we hope to witness nesting Green Sea Turtles. Continue with 3 days of exploring the remote and pristine rainforest of Corcovado National Park, on the south Pacific coast of Costa Rica. A location of great beauty where in addition to the rainforest, we will also explore the coastal waters, where we hope to see calving humpback whales. The trip ends with two days of exploring the Talamanca Mountains, the highest mountain range in Costa Rica.



### Itinerary

#### Day 1-Arrival at San Jose

Transfer to Bougainvillea Hotel.

#### Day 2 -Tortuguero National Park

Morning departure to Tortuguero National Park-Night outing to see nesting sea turtles

#### Day 3 - Tortuguero National Park

Day exploration of Tortuguero rainforest. Morning boat outing, afternoon hike to Tortuguero mountain.

#### Day 4 - Paloma de Osa Lodge

Morning charter flight to Drake Bay airport, boat transfer to Paloma de Osa.

#### Day 5 - Corcovado National Park

Morning exploring the rain forest at Corcovado National Park.

#### Day 6 - Whale watching outing

Morning boat ride in search of Humpback Whales and other marine wildlife.

#### Day 7: Talamanca Mountains

Savegre Lodge. Afternoon observing wildlife in the lodge gardens and surrounding cloud forest.

#### Day 9: Talamanca mountains

Morning hike through Savegre private preserve.

#### Day 10:Transfer to SJO airport

Hasta luego Costa Rica!



Day 1: Tuesday, July 15

Arrival in San Jose

Upon arrival at San Jose International Airport (SJO), our driver will be waiting to transfer you to the Bougainvillea Hotel. Set among 10 acres of award-winning gardens, the Bougainvillea Hotel is a lush haven within the town of Heredia, known by Costa Ricans as the "La Ciudad de las Flores" (City of Flowers). The group will gather in the evening for our welcome dinner at the hotel's elegant Vitrales restaurant.

Overnight and dinner at Hotel Bougainvillea  
[www.hb.co.cr](http://www.hb.co.cr)



Day 2: Wed, July 16

Tortuguero National Park



After breakfast, our bus will take us on a 3-hour drive through the countryside, followed by a boat ride through rivers and canals surrounded by tropical rainforests until we reach Tortuguero and Manatus Lodge.

Afternoon walk through the charming village of Tortuguero and visit the Caribbean Conservation Corporation sea turtle research station.

Night outing to observe nesting green sea turtles. Tortuguero is the most important nesting beach for Caribbean green sea turtles. This 18-mile beach can host up to 2,500 nesting females on a peak night!

[www.manatuscostarica.com](http://www.manatuscostarica.com)



Day 3: Thursday, July 17



## Tortuguero National Park



Early morning boat outing to explore the rainforest of Tortuguero National Park. Our open canopy boats will allow for maximum visibility of the surrounding rainforest, with great chances to see and photograph howler monkeys, spider monkeys, three-toed sloths, and several species of toucans.

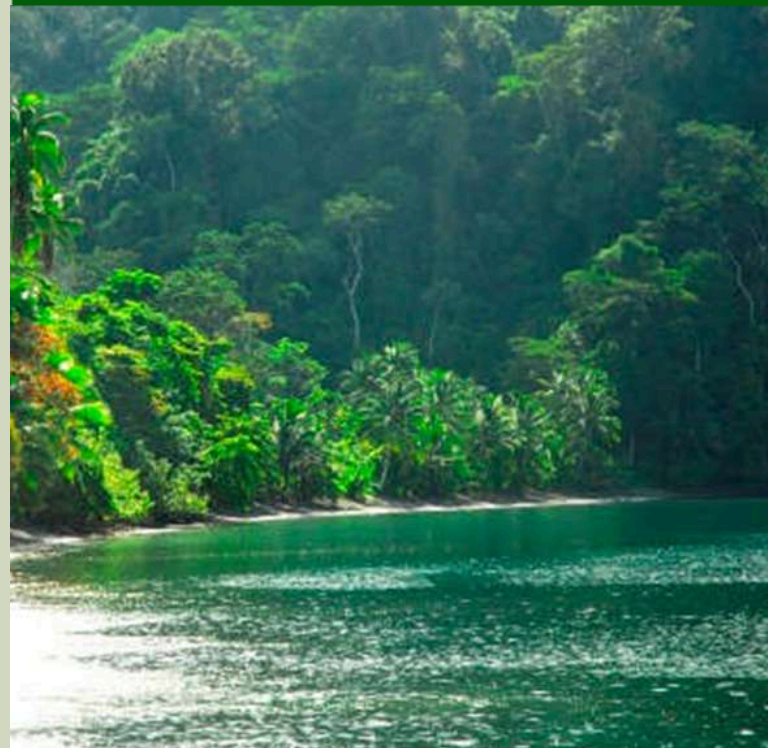
We will return to our lodge for lunch, followed by an afternoon hike in the Tortuguero National Park primary rainforest.

Day 4: Friday, July 18

## Corcovado

A morning charter flight will take us from Tortuguero to the Osa Peninsula. We will fly the length of the country, from the North Atlantic coast to the South Pacific coast. After landing at Drake Bay airport, local vehicles will take us to Drake Bay, where we will board a boat for a short ride to reach La Paloma de Osa Lodge. La Paloma is set in a private reserve tucked away in the jungle and cooled by ocean breezes. We will enjoy an afternoon hike through the lodge's rainforest. Our cozy rustic bungalows have balconies offering spectacular ocean views. Three nights at La Paloma Lodge.

[www.lapalomalodge.com](http://www.lapalomalodge.com)



## Day 5: Saturday, July 19

### Punta Marenco Lodge



We have a full day of exploration of Corcovado National Park. Referred to by National Geographic as “the most biologically intense place on Earth,” this 164-square-mile national park is Costa Rica’s largest. The volume and variety of wildlife found here are exceptional. The park is home to rare species such as Baird’s tapir, jaguars, and harpy eagles.

Our day of hiking will take us through ancient lava flows, pristine rainforests, and uninhabited beaches.

## Day 6: Sunday, July 20

### Whale Watching

Our morning begins with a boat excursion looking for humpback whales. These gentle giants come to the warm tropical waters of Costa Rica to give birth. Other potential sightings include Pacific spotted dolphins, bottlenose dolphins, sea turtles, and other marine wildlife.

After our morning exploration, we will return to La Paloma Lodge to enjoy an afternoon at leisure in this tropical paradise, followed by an optional night hike.





## Day 7: Monday, July 21

### Talamanca Mountains



We will start our morning with a boat ride following the coast until we reach the mouth of the Sierpe River, we will then enter the river and move up the river until we reach the town of Sierpe. Where Ricardo will be waiting for us to take us on to the Talamanca Mountains, the tallest mountain range in Costa Rica.

Our destination, Savegre Lodge, is located in a hidden valley in the mountains. This marvelous location surrounded by cloud forests and orchards, offers trails that lead to cascading waterfalls.

At our lodge, it's usually possible to see the famous Resplendent Quetzal, an iconic bird idolized by the ancient Mayan culture.

Two nights at Savegre Lodge  
[www.savegre.com](http://www.savegre.com)



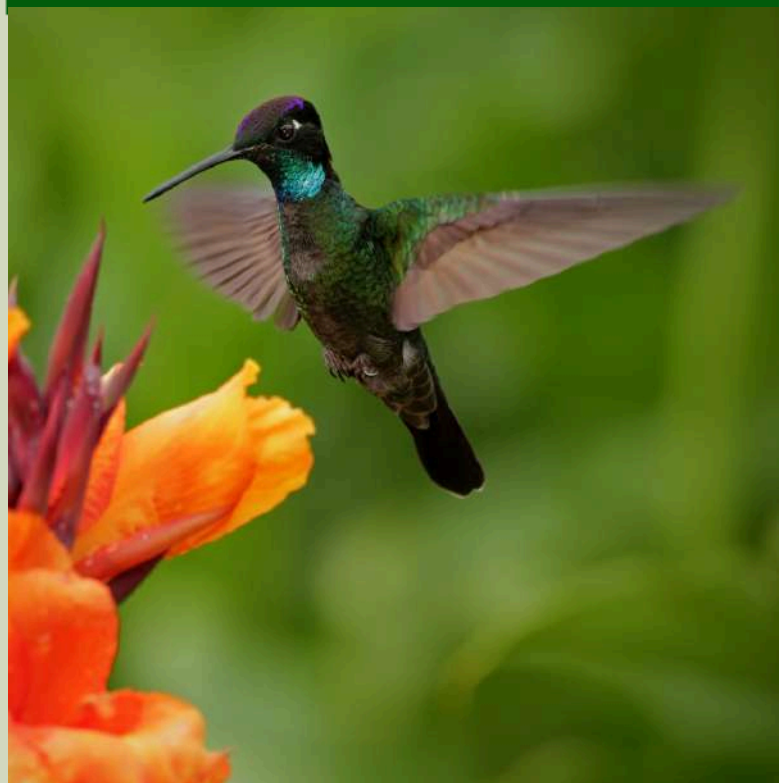
After breakfast, we will board the hotel's Land Rovers and head to an ancient oak forest at the top of the mountain range. From there, we will take a leisurely hike back down to the lodge.

Along the way, we will encounter high-altitude bird species, giant ferns, and other species typical of this region.

We will spend the afternoon at leisure with the option for a walk into town or stay at the lodge and enjoy the hotel amenities.

## Day 8: Tuesday, July 22

### Talamanca Mountains





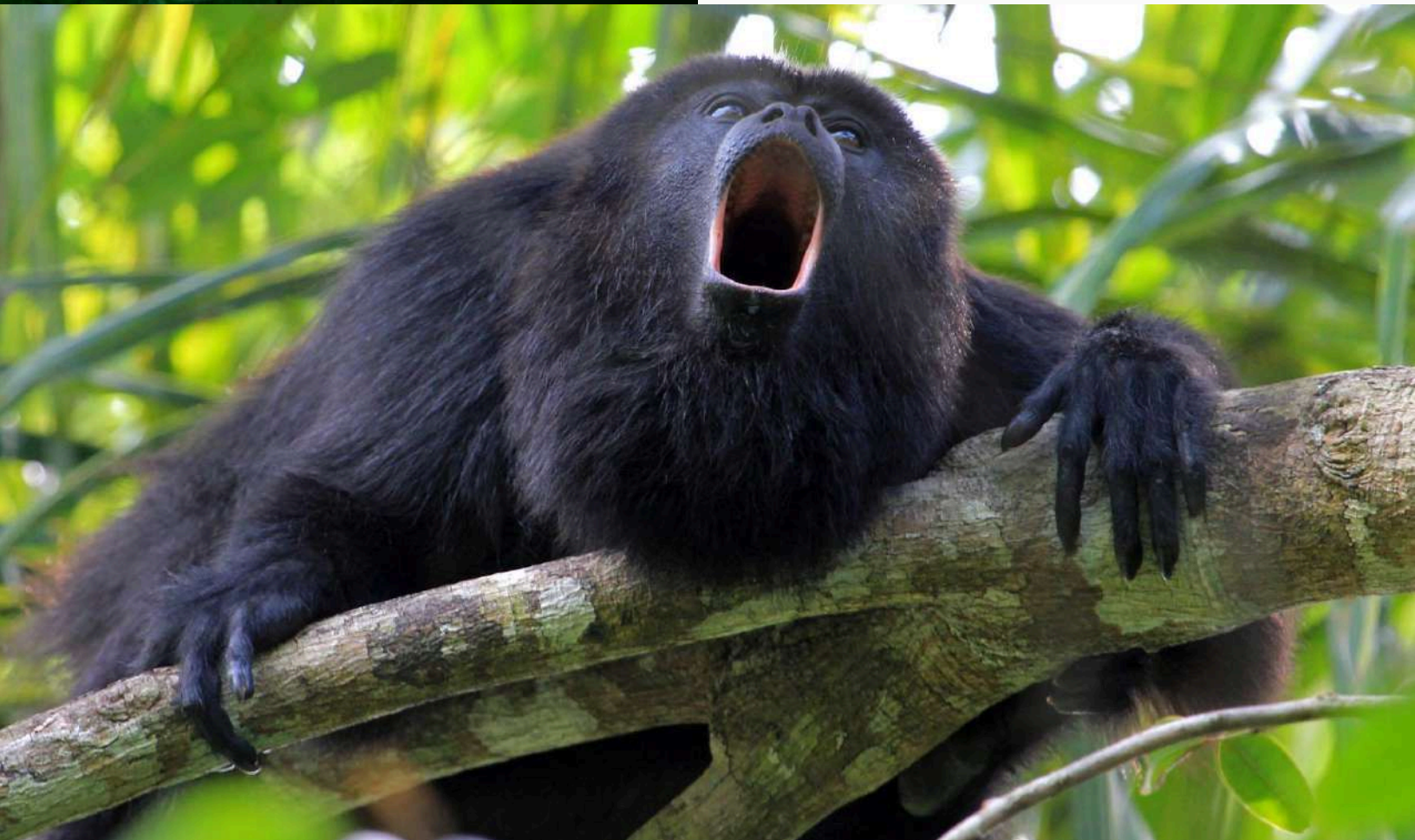
Departure



Our adventure comes to an end.

After 9 days of exploring the magic of this tropical country, we return home with lifelong memories.

**Important Note:** Your return flight should be booked after 12 pm on Saturday, November 9, from the San Jose Airport (airport code SJO)



# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 11 participants

\$5,200: Price per person based on double occupancy-\$750 single supplement

### Prices are per person and include:

Private transportation on microbus with air conditioning

Transportation by boat as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

### Not Included:

Round trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Travel Insurance

Medical insurance

### Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial commitment check of \$500 made to Eco-Adventures LLC. Mail your committment check to:

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