

July 17-25, 2026

Costa Rica Coast to Coast



Join this unforgettable trip exploring Costa Rica's most fascinating and diverse habitats!

Green sea turtles, humpback whales and mystical cloud forests are some of this adventure's highlights. We begin with a night in San José before heading to the remote and wildlife-rich region of Tortuguero. There, we'll spend two days exploring Tortuguero National Park, searching for nesting Green Sea Turtles on the beach at night and enjoying boat excursions through the park's lush canals by day.

Next, we board a private charter flight to the South Pacific coast, where we spend three nights at the scenic Cristal Ballena Hotel. From this stunning coastal setting, we explore the surrounding waters in search of calving humpback whales and enjoy a tour of the spectacular Sierpe River, known for its rich wildlife, including crocodiles, monkeys, and tropical birds. Our journey concludes in the breathtaking Talamanca Mountain Range. We spend our final two days surrounded by pristine cloud forest, exploring trails and keeping an eye out for the elusive and magnificent Resplendent Quetzal.



Day 1-Arrival at San Jose

Transfer to Bougainvillea Hotel.

Day 2 -Manatus Lodge

Morning departure to Tortuguero National Park- Night outing to see nesting sea turtles.

Day 3 - Tortuguero National Park

Day exploration of Tortuguero rainforest. Morning boat outing, afternoon hike to Tortuguero mountain.

Day 4 - Crystal Ballena Hotel

Morning charter flight to Palmar Sur airport. Visit to archeological site.

Day 5 - Sierpe River Safari Boat

Morning exploring the rain forest and mangrove forest at the Sierpe River.

Day 6 - Whale watching outing

Morning boat ride in search of Humpback Whales and other marine wildlife.

Day 7- Savegre Lodge

Savegre Lodge. Afternoon observing wildlife in the lodge gardens and surrounding cloud forest.

Day 8 - Talamanca mountains

Morning hike through Savegre private preserve.

Day 9 - Transfer to SJO airport

Pura Vida Costa Rica!



Day 1: Friday, July 17

Arrival in San Jose

Upon arrival at San Jose International Airport (SJO), transfer to the Bougainvillea Hotel. Set among 10 acres of award-winning gardens, the Bougainvillea Hotel is a lush haven within the town of Heredia, known by Costa Ricans as the "La Ciudad de las Flores" (City of Flowers).

Our group will gather in the evening for a welcome dinner at the hotel's elegant Vitrales restaurant.

Overnight and dinner at Hotel Bougainvillea
www.hb.co.cr



Day 2: Saturday, July 18

Tortuguero National Park



After breakfast, our bus will take us on a 3-hour drive through the countryside, followed by a boat ride through rivers and canals surrounded by tropical rainforests until we reach Tortuguero and Manatus Lodge.

Afternoon walk through the charming village of Tortuguero, where we visit the Caribbean Conservation Corporation sea turtle research station.

Night outing to observe nesting green sea turtles. Tortuguero is the most important nesting beach for Caribbean green sea turtles. This 18-mile beach can host up to 2,500 nesting females on a peak night!

www.manatuscostarica.com

Day 3: Sunday, July 19

Tortuguero National Park



Early morning boat outing to explore the rainforest of Tortuguero National Park. Our open canopy boats will allow for maximum visibility of the surrounding rainforest, with great chances to see and photograph howler monkeys, spider monkeys, three-toed sloths, and several species of toucans.

We will return to our lodge for lunch, followed by an afternoon hike in the Tortuguero National Park primary rainforest.

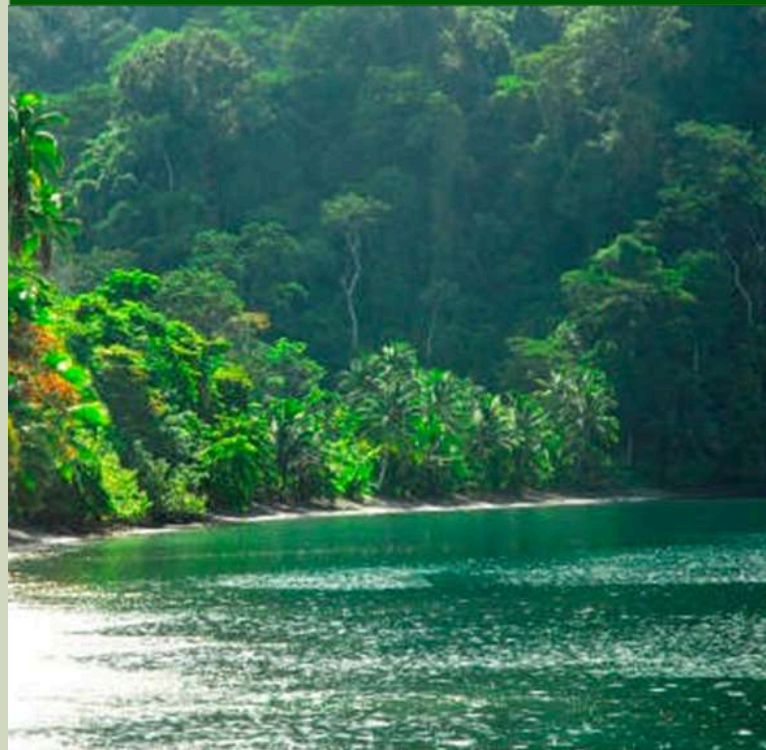
After breakfast, we will take a short boat ride to the Tortuguero airport, where we will take a 40-minute flight to Palmar Sur on the South Pacific coast of Costa Rica. After arrival, we will visit the nearby Stone Sphere Archaeological site. This is one of the mysteries of ancient Costa Rica.

Lunch upon arrival at Crystal Ballena, our home for the next two days. This charming hotel between the Pacific Ocean and rainforest-covered mountains offers breathtaking ocean sunset views.

Afternoon walk on the pristine Playa Ballena beach private rainforest preserve.

Day 4: Monday, July 20

Uvita Beach



Day 5: Tuesday, July 21

Whale Watching



Morning outing in search of humpback whales at Marino Ballena National Park, one of the world's most important refuges for these endangered giants. Humpbacks from both hemispheres migrate to these warm waters to mate, give birth, and raise their young. Known as the "acrobats of the sea," they swim slowly near the surface, offering a rare chance to witness their beauty. The park's pristine waters also host bottlenose and spotted dolphins, along with diverse seabirds.

Afternoon hike through the hotel's private forest preserve, featuring over 30 acres of lush jungle trails and tropical gardens. Dinner at the hotel's restaurant, enjoying the sea breeze and a stunning sunset.

Early departure to the Sierpe River for a Safari River Cruise.

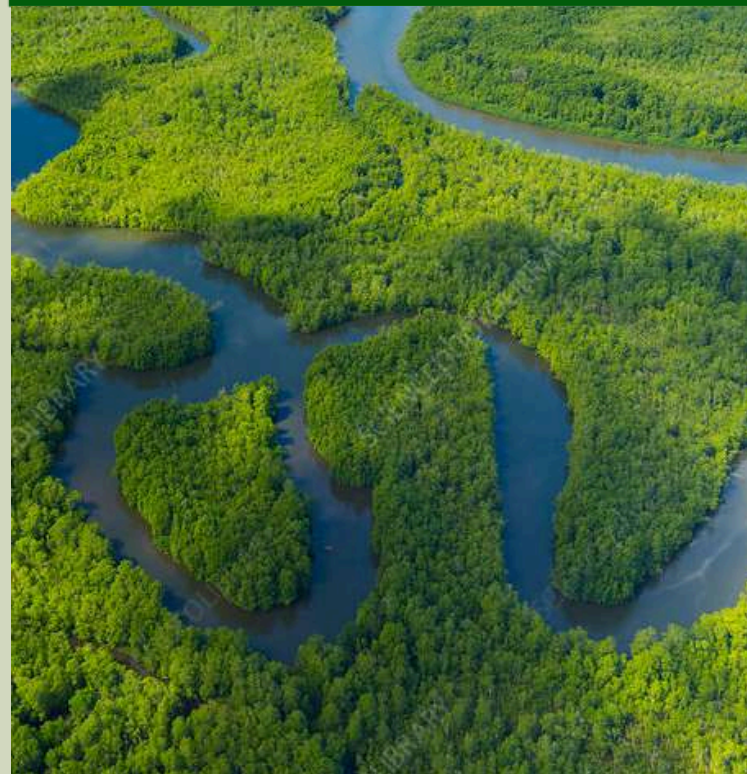
We'll drive 30 minutes to the town of Sierpe, where we'll board a boat to explore the rainforest and mangrove forests of the Sierpe River. This area offers excellent opportunities to spot abundant wildlife, including the rare Squirrel Monkey, sloths, boa constrictors, and the vibrant Scarlet Macaws.

In the afternoon, enjoy a hike through the hotel's private forest reserve, featuring over 30 acres of lush jungle trails and tropical gardens.

Dinner at the hotel's restaurant, with ocean breezes and a stunning sunset.

Day 6: Wed, July 22

Sierpe River



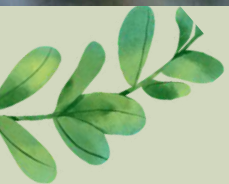
Day 7: Thursday, July 23

Talamanca Mountains



Early morning bird watching at Crystal Ballena. After breakfast, we will depart to the Talamanca Mountains, the tallest mountain range in Costa Rica. Our destination, Savegre Lodge, is a family-owned lodge with its own protected cloud forest preserve located along the bank of the Savegre River. This marvelous location, surrounded by cloud forests and orchards, offers trails that lead to cascading waterfalls. Here, it's usually possible to see the famous Resplendent Quetzal, an iconic bird idolized by the ancient Mayan culture.

www.savegre.com



After breakfast, we will board the hotel's Land Rovers and head to an ancient oak forest at the top of the mountain range. From there, we will take a leisurely hike back down to the lodge.

Along the way, we will encounter high-altitude bird species, giant ferns, and other species typical of this region.

We will spend the afternoon at leisure with the option for a walk into town or stay at the lodge and enjoy the hotel amenities which include a great spa, cozy pub, and hot tubs.

Day 8: Friday, July 24

Talamanca Mountains



Departure



All adventures must come to an end!

After exploring the magic of this tropical country, we return home with lifelong memories.

Important Note: Your return flight should be booked after 12 p.m. (noon) on Saturday, July 25, from the San Jose Airport (airport code SJO)

Carlos Chacon



Meet Your Expedition Leader

Carlos is Costa Rican and has been passionate about nature since childhood. He studied Tropical Biology at the University of Costa Rica. After graduating, he worked as a naturalist, leading trips for Lindblad Expeditions, National Geographic, The Nature Conservancy and Mountain Sobek Travel.

In 2000, Carlos moved to the U.S. to continue his studies at the University of South Carolina, where he earned a Master's degree in Earth and Environmental Resources Management. He then joined the Coastal Discovery Museum on Hilton Head Island as the museum's Natural History Manager.

In 2018, Carlos launched his own eco-tour company, working alongside his longtime friend and expert birder Ricardo Gómez. Together, they lead small-group trips that immerse participants in the rich biodiversity and vibrant local culture of Costa Rica, creating experiences that are educational, authentic and unforgettable.

ADDITIONAL INFORMATION

ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 11 participants

\$4900: Price per person based on double occupancy- \$ 850 single supplement

Prices are per person and include:

Private transportation on microbus with air conditioning

Transportation by boat as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

Not Included:

Round trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Travel Insurance

Medical insurance

Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at Ecoladventures@gmail.com and sending an initial non-refundable commitment check of \$700 made to Eco-Adventures LLC.

Mail your commitment check to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910