

March 23-30, 2026

# Costa Rica Biodiversity Trip



## Join this unforgettable adventure through Costa Rica's most biodiverse destinations.

After a relaxing night in San José, we head to Costa Rica's South Caribbean coast, where we spend two nights at Caribblue Beach and Jungle Resort. From this tropical base, we explore Cahuita National Park, known for its abundant wildlife.

Next, we board a private charter flight across the country to the South Pacific coast, where we stay at the Punta Marenco Lodge. From there, we explore Corcovado National Park—one of the most biologically intense places on Earth. This remote and pristine wilderness is home to an incredible variety of wildlife, including monkeys, scarlet macaws, and even the elusive jaguar.

Our adventure concludes with two days in the Talamancas Mountains at the cozy Savegre Lodge, exploring the misty heights of the Cloud Forest. Here, in one of the country's most peaceful and breathtaking settings, we'll seek out the legendary Resplendent Quetzal during its nesting season.

## Itinerary

### Day 1-Arrival at San Jose

Airport transfer to Bougainvillea Hotel

### Day 2 -Caribblue Beach & Jungle

Morning departure to Caribblue Lodge.  
Hike in Braulio Carrillo National Park

### Day 3 - Cahuita National Park

Morning hike at Cahuita National Park. Afternoon at leisure to explore the town of Cahuita.

### Day 4 -Punta Marenco Lodge

Private charter to Drake Bay. Afternoon hike to Punta Marenco private preserve.

### Day 5 - Corcovado National Park

Morning boat ride to Corcovado National Park. Full day exploring the park.

### Day 6 - Savegre Lodge

Departure to Savegre Lodge. Afternoon exploration of Savegre gardens

### Day 7 - Cloud Forest Preserve

Hike through the Savegre private preserve in search of resplendent quetzals

### Day 8 -Departure

Pura Vida Costa Rica!



Day 1: Monday, March 23

## Bougainvillea Hotel

Upon arrival at San Jose International Airport (SJO), a private transfer will be waiting to take you to the Bougainvillea Hotel.

Set among 10 acres of award-winning gardens, the Bougainvillea Hotel is a lush haven within the town of Heredia, known by Costa Ricans as "La Ciudad de las Flores" (the City of Flowers).

The group will gather in the evening for our welcome dinner at the hotel's elegant Vitrales restaurant.

Overnight and dinner at Hotel Bougainvillea

[www.hb.co.cr](http://www.hb.co.cr)



Day 2: Tuesday, March 24

## Caribblue Beach & Jungle



Early departure to the town of Cocles on Costa Rica's southern Caribbean coast, for two nights at Caribblue Beach and Jungle Resort. On the way, we will stop for a hike in Braulio Carrillo National Park, one of the largest and most diverse national parks in the country, covering 50,000 hectares of protected rainforest.

The Caribbean coast of Costa Rica is distinct from the rest of the country. Its people are of African and Caribbean descent, with a rich and unique culture, cuisine, and language.

The lush vegetation of this region supports some of the highest biodiversity in Costa Rica. Sloths are commonly spotted in the treetops, making wildlife encounters an everyday experience.

[www.caribblue.com](http://www.caribblue.com)



Day 3: Wed, March 25

## Cahuita National Park



Early morning birding walk through the lodge's grounds, followed by breakfast. After, we will depart for Cahuita National Park.

This park protects 1,106 hectares of pristine coastal rainforest and 22,300 hectares of the marine environment, including the most vibrant coral reefs in Costa Rica.

Our hike through the park will present great bird-watching opportunities and chances to see other wildlife such as sloths, monkeys, and the colorful Golden Eyelash Viper.

Afternoon at leisure to explore the beach and enjoy the hotel amenities.



Early morning departure to the Limon airport, where we will board a private charter that will take us to Drake Bay. Once at Drake Bay, a boat transfer will take us to Punta Morenco Lodge.

Nestled in a private reserve on the Osa Peninsula, this remote rustic lodge is surrounded by lush jungle and cooled by the refreshing ocean breezes of Costa Rica's South Pacific coast.

Our bungalows, featuring private balconies, provide breathtaking views of the Pacific Ocean, making for a truly unforgettable stay. Afternoon hike at Punta Morenco forest preserve.

[www.lodgepuntamarenco.com](http://www.lodgepuntamarenco.com)

Day 4: Thurs, March 26

## Punta Morenco Lodge



Day 5: Fri, March 27

## Corcovado National Park



A morning boat transfer will take us to Corcovado National Park, a place National Geographic has called "the most biologically intense place on Earth."

Covering 164 square miles, Corcovado is Costa Rica's largest national park, renowned for its incredible biodiversity and thriving populations of rare and endangered species, including Baird's tapir, jaguars, and harpy eagles.

We will spend most of the day exploring Corcovado, hiking through ancient lava flows, pristine rainforests, and untouched beaches, immersing ourselves in one of the wildest and awe-inspiring landscapes in the world.

We begin the day with a scenic boat ride along the coast, making our way to the mouth of the Sierpe River.

From there, we'll navigate upstream through the winding waterways until we arrive at the town of Sierpe, where our private bus will be waiting to take us to the Talamanca Mountains - the tallest mountain range in Costa Rica.

Our destination, Savegre Lodge, is nestled in a hidden valley deep in the mountains, offering a peaceful retreat surrounded by lush cloud forests. This area is one of the best places to spot the Resplendent Quetzal, a stunningly beautiful bird revered by the ancient Maya civilization.

[www.savegre.com](http://www.savegre.com)

Day 6: Sat, March 28

## Savegre Lodge





## Day 7: Sun, March 29

### Talamanca Mountains



After breakfast, we will board the hotel's Land Rovers and ascend to an ancient oak forest at the top of the mountain range.

From there, we will embark on a leisurely hike back down to the lodge, immersing ourselves in the beauty of the high-altitude cloud forest.

Along the way, we will encounter unique bird species, towering ferns, and a diverse array of flora and fauna characteristic of this region.

The afternoon will be at leisure, with the option to take a stroll into town or simply relax at the lodge, enjoying its peaceful atmosphere and amenities.



All adventures must come to an end.

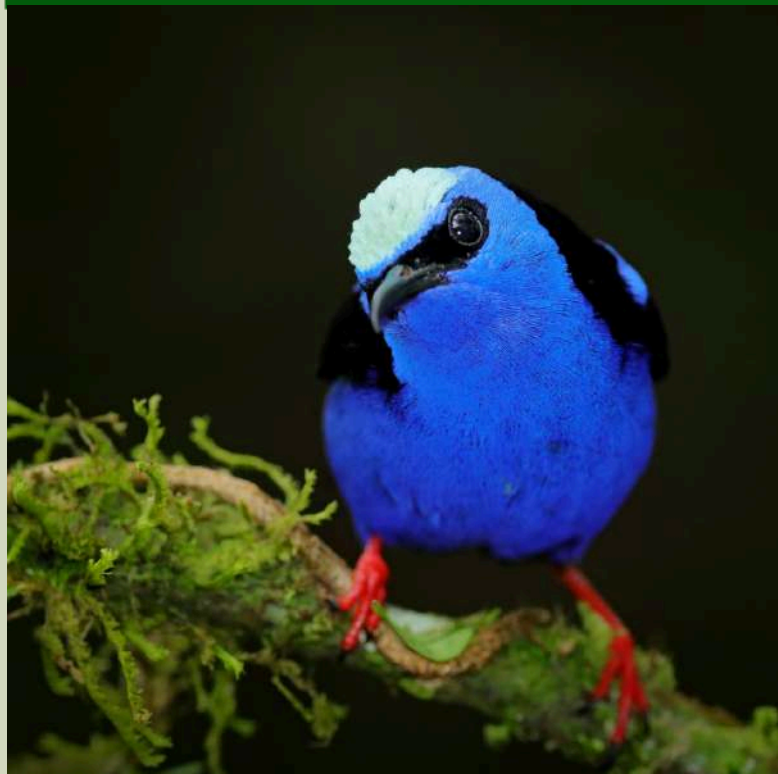
After 8 days of exploring the magic of this tropical country, we return home with lifelong memories.

We'll have an early breakfast at Savegre Lodge before departing for the airport.

**Important Note:** Your return flight should be booked after noon on Monday, March 30, from the San Jose Airport (airport code SJO)

## Day 8: Mon, March 30

### Departure



# Expedition Leaders

## Samantha Campbell



Samantha is a naturalist and educator who has worked in the fields of Environmental Education and Wildlife Conservation for over 3 decades. Currently she guides trips as a Naturalist for Coastal Expeditions, coordinates Eco-Camp for the Beaufort Soil and Water Conservation District, and serves as an Ecology & Gardening Educator for Lowcountry Montessori School. She has volunteered with the South Carolina DNR Marine Turtle Conservation and Genetic Research Project for over 20 years, as well as several wildlife protection programs worldwide. She has a passion for plants, animals, gardening, and sharing adventures with others outside in nature.

## Carlos Chacon



Since childhood, Carlos has been passionate about nature, his passion led him to study Tropical Biology at the University of Costa Rica. After graduating, Carlos worked as a naturalist, leading trips for Lindblad Expeditions, National Geographic, The Nature Conservancy, Mountain Sobek Travel, and several other companies. In 2000, Carlos moved to the USA to continue his studies at the University of South Carolina, where he obtained a Master's degree in Earth and Environmental Resources Management. In the US, Carlos worked as the Manager of Natural History at the Coastal Discovery Museum.

In 2018, Carlos launched his own eco-tour company, working alongside his longtime friend and expert birder, Ricardo Gómez. Together, they lead small-group trips that immerse participants in the rich biodiversity and vibrant local culture of Costa Rica, creating experiences that are educational, authentic, and unforgettable.

# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 11 participants

\$4,800: Price per person based on double occupancy- \$ 850 single supplement

### Prices are per person and include:

Private transportation on microbus with air conditioning

Transportation by boat and charter flight as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

### Not Included:

Round trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Travel Insurance


Medical insurance

### Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your spot by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) or Samantha Campbell at [carettasamantha@gmail.com](mailto:carettasamantha@gmail.com)

Send an initial commitment check of \$700 made to Eco-Adventures LLC.  
Mail your check to:

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