

Jan 31 -Feb 9 , 2027

# Journey to the Sea Arribada Emergence



## A lifetime experience

Get ready for an epic adventure as we journey through Costa Rica's diverse ecosystems. This customized, small-group nature tour takes you to rainforest, active volcanoes, the beach, mangrove forest and dry forest. We will see Olive Ridley Sea Turtles, toucans, monkeys, sloths and whales. A great combination of activities and locations maximizes our experience.



## Itinerary

### Day 1: Arrival to Liberia

Transfer to Lagarta Lodge-night outing to see nesting sea turtles.

### Day 2: Ostional Beach

Morning visit to Ostional Beach. Afternoon forest hike.

### Day 3: Whale watching

Catamaran tour of the Pacific coast, looking for Humpback Whales.

### Day 4: Borinquen Lodge

Morning departure to Borinquen Lodge Afternoon exploring Borinquen

### Day 5: Borinquen Lodge

Morning hike to Borinquen waterfall and forest preserve. Afternoon at leisure at Borinquen hot springs and spa

### Day 6: Rincon de la Vieja Volcano

We explore Rincon de la Vieja National Park, looking for sloths and monkeys.

### Day 7: Arenal Volcano

Departure to Arenal Volcano. Night hike at Arenal Observatory Lodge.

### Day 8:Arenal Observatory Lodge

Morning hike through the rain forest. Afternoon hike to the waterfall.

### Day 9: Sky Walk & Chocolate

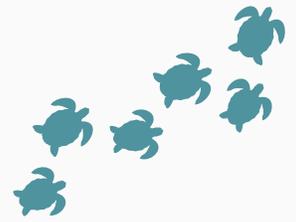
Canopy exploration on Arenal's hanging bridges. Afternoon chocolate tour.

### Day 10:Transfer to SJO airport



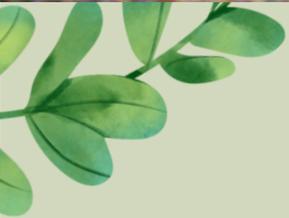
# Day 1: Sun, January 31

## Arrival in Liberia (LIR)



Arrival at Liberia Daniel Oduber Airport (airport code LIR) in the northern Pacific zone of Costa Rica. We'll stop for lunch at a local restaurant, then continue to the Lagarta Lodge. With breathtaking views of the Pacific Ocean, this is our home for the next three days. .

[www.lagartalodge.com](http://www.lagartalodge.com)



# Day 2: Mon, February 1

## Ostional Sea Turtle Walk

Morning departure to see the Ostional Beach sea turtle Arribada by day. Ostional is one of two places in Costa Rica where Olive Ridley turtles nest en masse. Up to 500,000 have nested there during an arribada event. We hope to witness the massive emergence of nests that happens two months after an Arribada.

Afternoon hike through Lagarta Lodge's private biological preserve. This hike will explore mangrove habitat and tropical dry forest. We'll have great chances to see Howler Monkeys and other diverse wildlife.

Dinner and overnight at Lagarta Lodge.



## Day 3: Tues, February 2

### Whale Watching



Morning boat outing to explore the coastal waters of the Nicoya Peninsula. Our goal is to see the Humpback Whales that come to the warm waters of Costa Rica every year for calving. We are also likely to see dolphins, sea turtles, and other marine wildlife.

Free afternoon to enjoy our lodge's amenities or take a stroll on the nearby beach.

Dinner and overnight at Lagarta Lodge.

Breakfast followed by departure to Borinquen Lodge.

Borinquen offers opportunities to see many species of birds and other animals, as well as amenities such as volcanic mud baths, a steam cabana, and a lovely pool. After getting settled at the lodge, the group will gather for dinner at the hotel's restaurant.

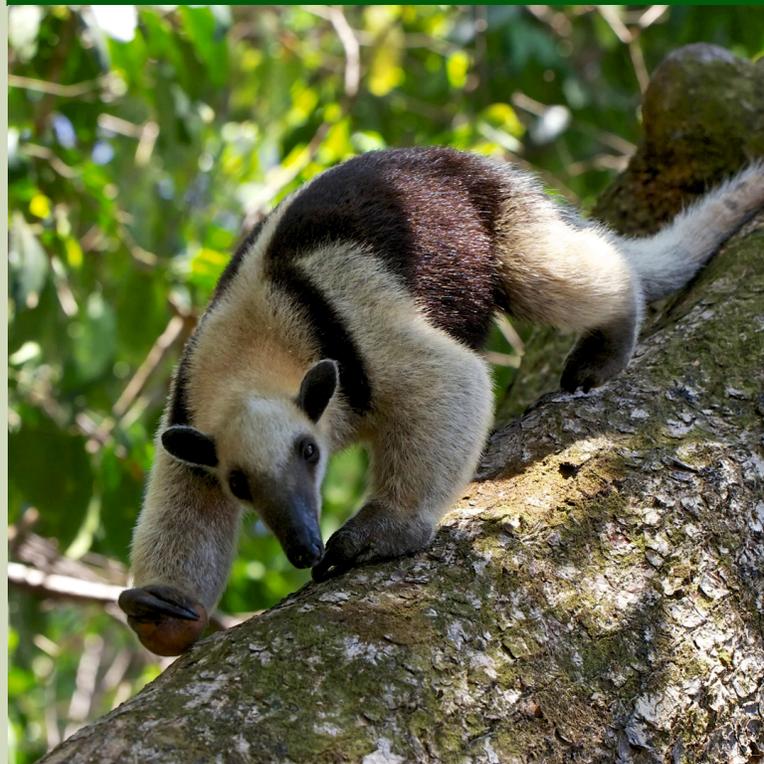
Afternoon hike at Borinquen Lodge.

Dinner and overnight at Borinquen Lodge.

[www.borinquenresort.com](http://www.borinquenresort.com)

## Day 4: Wed, February 3

### Borinquen Lodge



## Day 5: Thur, February 4

### Rincon de la Vieja



Early morning bird watching at the lodge grounds. Breakfast at the lodge followed by a visit to Rincon de la Vieja Volcano National Park.

Rincon de la Vieja is the largest of the active volcanoes in the northern Costa Rican volcanic range. We will spend the morning exploring the volcanic forest and the volcanic vents at the base of the 1,800-meter-high mountain.



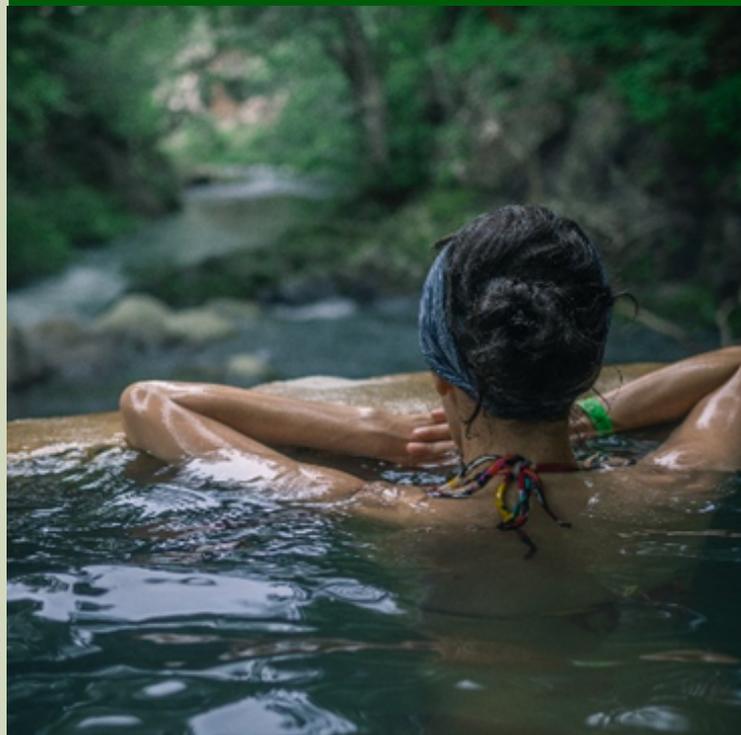
Early morning bird watching in the lodge gardens.

After breakfast, the lodge's all-terrain pickup truck will drive us to a spectacular lookout point near the top of the mountain range. From there we will hike back. Our walk will take us to waterfalls, through primary and secondary forest, and through open grasslands, which will give us great diverse birding opportunities.

Afternoon to explore and enjoy the lodge's gardens and amenities including the spa, mud baths, hot springs and pool.

## Day 6: Fri, February 5

### Borinquen Lodge



Day 7: Sat, February 6

## Arenal Volcano



The Arenal Volcano is one of the most iconic volcanos in Costa Rica. With a constant expulsion of gas from its main crater, this volcano is a spectacular must-see. The rainforest around the volcano is home to birds, monkeys, sloth, and many other animals. The combination of an active volcano, rainforest, and a plethora of wildlife make this destination unforgettable. We'll take a night hike to a frog pond in search of Red-eye Tree Frogs and other creatures. Dinner and overnight at Arenal Observatory Lodge.

[www.arenalobservatorylodge.com](http://www.arenalobservatorylodge.com)

Day 8: Sun, February 7

## Arenal Observatory Lodge

Early morning birding on the lodge's trails followed by breakfast. After breakfast, we will explore the hotel gardens and private Rain Forest preserve. The Arenal Observatory Lodge is a worldwide destination for nature lovers and bird watchers, with great chances to see monkeys, toucans, and other iconic tropical wildlife.

Dinner and overnight at Arenal Observatory Lodge.



## Day 9: Mon, February 8

### Hanging Bridges & Cocoa



Morning canopy exploration at the Skywalk hanging bridges. Sixty percent of life in the rainforest is in the canopy. Walking through canopy bridges lets you see the forest from a different perspective, as most of its inhabitants do.

Lunch at a local restaurant. Afternoon chocolate tour at a cocoa plantation. Learn how this rainforest plant is processed into delicious chocolate. Both vanilla and chocolate come from rainforest plants. Can you imagine a world without vanilla and chocolate? Dinner and overnight at Arenal Observatory Lodge.

After ten days of exploring Costa Rica, our adventure comes to an end. Take home photos and lifetime memories to share with loved ones.

**Important Note: You must book your flight using the multi-city option.**

Book your arrival flight to Liberia (airport code LIR) on Jan 31, close to 12 pm. Delta Airlines and American Airlines have flights that arrive at LIR about noon.

Book your departure flight from the San Jose airport (airport code SJO) after 12 pm on Feb 9. We will get you to the airport with plenty of time to catch any flight departing in the afternoon.

## Day 10: Tues, February 9

### Transfer to SJO airport



# Expedition Leaders

## Samantha Campbell



Samantha is a naturalist and educator who has worked in the fields of Environmental Education and Wildlife Conservation for over 3 decades. Currently she guides trips as a Naturalist for Coastal Expeditions, coordinates Eco-Camp for the Beaufort Soil and Water Conservation District, and serves as an Ecology & Gardening Educator for Lowcountry Montessori School. She has volunteered with the South Carolina DNR Marine Turtle Conservation and Genetic Research Project for over 20 years, as well as several wildlife protection programs worldwide. She has a passion for plants, animals, gardening, and sharing adventures with others outside in nature.

## Carlos Chacon



Since childhood, Carlos has been passionate about nature, his passion led him to study Tropical Biology at the University of Costa Rica. After graduating, Carlos worked as a naturalist, leading trips for Lindblad Expeditions, National Geographic, The Nature Conservancy, Mountain Sobek Travel, and several other companies. In 2000, Carlos moved to the USA to continue his studies at the University of South Carolina, where he obtained a Master's degree in Earth and Environmental Resources Management. In the US, Carlos worked as the Manager of Natural History at the Coastal Discovery Museum.

In 2018, Carlos launched his own eco-tour company, working alongside his longtime friend and expert birder, Ricardo Gómez. Together, they lead small-group trips that immerse participants in the rich biodiversity and vibrant local culture of Costa Rica, creating experiences that are educational, authentic, and unforgettable.

# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 12 participants

\$5,200: Price per person based on double occupancy

\$750 single supplement for a private room

### Prices are per person and include:

- Transportation on private bus with air conditioning.
- Transportation by boat as described
- Private naturalist guide services
- Lodging and meals as described
- Activities and entrance fees as described

### Not Included:

- Round-trip airfare to Costa Rica
- Personal expenses (medical expenses)
- Travel Insurance
- Medical Insurance

### Payment and Cancellation Policy

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days before arrival, 50% of the total amount.
- For cancellations received 44 to 30 days before arrival, 25 % of the total amount.
- For cancellations received 29 days before arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial non-refundable commitment check of \$700 made to Eco-Adventures LLC.

Mail your commitment check to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910