

August 18-26, 2026

# Costa Rica Nature Trip



## An Adventure of a Lifetime!

Join us for nine days of exploring Costa Rica's fascinating and diverse habitats. Our trip starts with two days at Tortuguero National Park, where we hope to witness nesting Green Sea Turtles. Continue with two days among the remote and pristine rainforest of Corcovado National Park, on the south Pacific coast of Costa Rica. There we will navigate the coastal waters in search of calving humpback whales. The trip ends with two days of exploring the Talamanca Mountains, the highest mountain range in Costa Rica.



### Itinerary

#### Day 1-Arrival at San Jose

Transfer to Bougainvillea Hotel.

#### Day 2 -Manatus Lodge

Morning departure to Tortuguero National Park-Night outing to see nesting sea turtles

#### Day 3 - Tortuguero National Park

Day exploration of Tortuguero rainforest. Morning boat outing, afternoon hike to Tortuguero mountain.

#### Day 4 - Paloma de Osa Lodge

Morning charter flight to Drake Bay airport, boat transfer to Paloma de Osa.

#### Day 5 - Corcovado National Park

Morning exploring the rain forest at Corcovado National Park.

#### Day 6 - Whale watching outing

Morning boat ride in search of Humpback Whales and other marine wildlife.

#### Day 7: Savegre Lodge

Savegre Lodge. Afternoon observing wildlife in the lodge gardens and surrounding cloud forest.

#### Day 8: Talamanca mountains

Morning hike through Savegre private preserve.

#### Day 9:Talamanca Moutains

Exploration of the Tropical Paramo habitat

#### Day 10:Departure

Hasta luego Costa Rica!



Day 1: Tuesday, August 18

## Bougainvillea Hotel

Upon arrival at San Jose International Airport (SJO), our driver will be waiting to transfer you to the Bougainvillea Hotel. Set among 10 acres of award-winning gardens, the Bougainvillea Hotel is a lush haven within the town of Heredia, known as the "La Ciudad de las Flores" (City of Flowers).

The group will gather in the evening for our welcome dinner at the hotel's elegant Vitrales restaurant.

Overnight and dinner at Hotel Bougainvillea  
[www.hb.co.cr](http://www.hb.co.cr)



Day 2: Wed, August 19

## Anhinga Lodge



After breakfast, our driver will take us on a 3-hour drive through the countryside, followed by a boat ride through rivers and canals surrounded by tropical rainforests until we reach Tortuguero and Anhinga Lodge. Afternoon walk through the charming village of Tortuguero and visit to the Caribbean Conservation Corporation sea turtle research station. Night outing to observe nesting green sea turtles. Tortuguero is the most important nesting beach for Caribbean green sea turtles. This 18-mile beach can host up to 2,500 nesting females on a peak night!

[ww.aningalodgetortuguero.com](http://ww.aningalodgetortuguero.com)

Day 3: Thurs, August 20



## Tortuguero National Park



Early morning boat outing to explore the rainforest of Tortuguero National Park. Our open canopy boats will allow for maximum visibility of the surrounding rainforest, with great chances to see and photograph howler monkeys, spider monkeys, three-toed sloths, and several species of toucans.

We will return to our lodge for lunch, followed by an afternoon hike in the Tortuguero National Park primary rainforest.

A morning charter flight will take us from Tortuguero to the Osa Peninsula, flying the entire length of Costa Rica—from the North Atlantic coast to the South Pacific. Upon landing at the Drake Bay airstrip, local vehicles will transport us to the coast, where we'll board a boat for a short ride to La Paloma Lodge. Our cozy bungalows each feature private balconies with spectacular ocean views. In the afternoon, we'll head out on a boat excursion in search of humpback whales. These gentle giants migrate to Costa Rica's warm tropical waters to give birth, offering an unforgettable wildlife experience

[www.lapalomalodge.com](http://www.lapalomalodge.com)

Day 4: Friday, August 21

## La Paloma Lodge



Day 5: Sat, August 22

## Corcovado National Park



We will spend the day exploring Corcovado National Park. Referred to by National Geographic as “the most biologically intense place on Earth,” this 164-square-mile national park is Costa Rica’s largest. The volume and variety of wildlife found here are exceptional. The park is home to rare species such as Baird’s tapir, jaguars, and harpy eagles.

Our day of hiking will take us through ancient lava flows, pristine rainforests, and uninhabited beaches.

We start our morning with a boat ride following the coast until we reach the mouth of the Sierpe River. We'll move up the river until we reach the town of Sierpe. There our driver Ricardo will be waiting to take us to the Talamanca Mountains, the tallest mountain range in Costa Rica. Our destination, Savegre Lodge, is in a hidden valley in the mountains. This marvelous property is surrounded by cloud forests and orchards, and has trails that lead to cascading waterfalls. At our lodge, it's usually possible to see the famous Resplendent Quetzal, an iconic bird idolized by the ancient Mayan culture.

[www.savegre.com](http://www.savegre.com)

Day 6: Sun, August 23

## Savegre Lodge



Day 7: Mon, August 24

## Savegre Lodge



After breakfast, we will board the hotel's Land Rovers and head to an ancient oak forest at the top of the mountain range. From there, we will take a leisurely hike back down to the lodge.

Along the way, we will encounter high-altitude bird species, giant ferns, and other species typical of this region.

In the afternoon, we'll take a walk around the lodge's exuberant gardens and visit a local bird feeding station, where we will see a plethora of highland species.



Day 8: Tues, August 25

## Talamanca Mountains

After breakfast, we will take a short drive to the top of the mountain range to explore the tropical paramo ecosystem. This unique environment is characterized by dwarf vegetation. Birds here include endemic species such as the Volcano Junco and the Wrenthrush. We will eat lunch at a local restaurant. In the afternoon, we will return to Savegre Lodge. This afternoon is an ideal time for a massage at the hotel spa, or to relax and get ready for our return home.



Day 9: Wed, August 26

## Departure



All adventures have to come to an end!

After 9 days of exploring the magic of this tropical country, we return home with lifelong memories.

**Important Note:** Your return flight should be booked after 12 pm (noon) on Wednesday, August 26, from the San Jose Airport (airport code SJO)



# ADDITIONAL INFORMATION

## ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 11 participants

\$6,450: Price per person based on double occupancy-\$750 single supplement

### Prices are per person and include:

Private transportation on microbus with air conditioning

Transportation by boat as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

### Not Included:

Round trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Travel Insurance

Medical insurance

### Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.



Secure your space on this trip by emailing Carlos Chacon at [Eco1adventures@gmail.com](mailto:Eco1adventures@gmail.com) and sending an initial commitment check of \$500 made to Eco-Adventures LLC. Mail your committment check to:

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