

October 14-23, 2027

Palmetto Bluff

Costa Rica Adventure



Costa Rica Nature Adventure with Palmetto Bluff Naturalists
Join Palmetto Bluff Naturalist Aaron Palmieri and Costa Rican Naturalist Carlos Chacón on a customized nature adventure through Costa Rica. This immersive journey combines exceptional wildlife experiences, comfortable accommodations, and plenty of time to relax and enjoy the beauty of one of the world's most biodiverse countries.

Explore lush tropical rainforests, hike through the spectacular Arenal Volcano region, and encounter sloths, toucans, monkeys, and other fascinating wildlife. Experience the unforgettable spectacle of Green Sea Turtles nesting on the beach, one of Costa Rica's most remarkable natural events.

Throughout the trip, we'll explore diverse habitats and enjoy the expertise of two naturalists who will help you discover and understand Costa Rica's extraordinary wildlife, plants, and ecosystems.

This exclusive trip is limited to 10 participants to ensure a more personal and immersive experience.



Day 1: Arrival at San Jose

First night at Bougainvillea Hotel.
Welcome dinner at the hotel restaurant

Day 2: Almonds and Corals Hotel

Departure to the South Caribbean coast.
Hike at Braulio Carrillo National Park.

Day 3: Cahuita National Park

Visit Cahuita National Park. Morning hike through the Rainforest.

Days 4 : Bribri Native Village

Morning visit to a Bribri native american village for a cacao tour

Days 5: Manatus Lodge

Charter flight to Tortuguero National Park.
Night outing to see nesting Sea Turtles.

Day 6: Tortuguero National Park

Boat tour of the Tortuguero National Park rainforest canals.

Day 7: Arenal Observatory Lodge

Transfer to the Arenal Volcano area. Visit to Pierella Butterfly Gardens.

Day 8: Arenal Volcano

Hike in Arenal Volcano Tropical Rain Forest
Hike to local waterfall.

Day 9: Hanging bridges & hot-springs

Hike at Arenal Volcano Hanging Bridges
Visit to natural hot-springs

Day 10: Departure

Pura Vida Costa Rica!



Day 1: Thursday, Oct 14

Arrival in San Jose



Upon arrival at San José International Airport (SJO), we'll transfer to the Bougainvillea Hotel.

Nestled within 10 acres of lush tropical gardens, this comfortable hotel offers a peaceful retreat with a large swimming pool and beautiful walking paths—a perfect introduction to the natural beauty of Costa Rica.

In the evening, we'll come together at the hotel's restaurant for our welcome dinner, a chance to relax, connect, and begin our adventure.

<https://www.hb.co.cr/>

Our morning drive will take us across the Continental Divide and through the vast rainforest of Braulio Carrillo National Park. Descending from the mountains, we will travel through the Caribbean lowlands to reach the Almonds and Corals boutique hotel.

The Caribbean coast of Costa Rica is very different from the rest of the country. The people are descendants of Africa and the Caribbean and have a distinct culture, cuisine, and language.

The vegetation of this region is lush, and biodiversity is among the highest in Costa Rica.

www.almondsandcorals.com

Day 2: Friday, Oct 15

Almonds and Corals Hotel



Day 3: Saturday, Oct 16

Cahuita National Park

After breakfast, we will depart for the nearby Cahuita National Park. This park protects 1,106 hectares of pristine coastal rainforest and 22,300 hectares of the marine environment, including the most vibrant coral reefs in Costa Rica.

Our hike through the park will present great bird-watching opportunities and chances to see other wildlife such as sloths, monkeys, and the colorful Golden Eyelash Viper. After our morning hike, we will eat lunch at a local restaurant in the town of Cahuita, and have some time to explore the town. Afternoon return to Almonds and Corals Hotel.



Day 4: Sunday, Oct 17

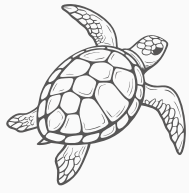
Bribri Village and Cacao tour



Discover the Bribri, an Indigenous people of Costa Rica's Talamanca region, celebrated for their matrilineal traditions, sustainable farming, and cacao heritage. This immersive tour takes you into a Bribri village to learn about their culture, lifestyle, and deep connection to nature. Highlights include making your own chocolate using traditional methods and ending the experience with a refreshing swim at a nearby waterfall. After all, can you imagine a world without chocolate?

Day 5: Monday, Oct 18

Tortuguero National Park



Morning departure to Limon airport. Charter flight to Tortuguero. Lunch upon arrival.

Afternoon visit to the local Tortuguero Village. Night outing to see nesting Green Sea Turtles.

Local guides will lead us in a 2-hour exploration of the sea turtle nesting process. Tortuguero is the most important nesting beach for Caribbean Green Sea Turtles. The 18-mile beach can host up to thousands of nesting females during the season.

www.manatuscostarica.com



Early morning boat tour of the canals of Tortuguero National Park. Our open boats with canopies will allow for maximum visibility of the surrounding rainforest. Followed by a mid-morning hike in the Tortuguero National Park.

Return for lunch at the lodge.

Afternoon at leisure at Manatus Lodge

Day 6: Tuesday, Oct 19

Arenal Volcano



Day 7: Wednesday, Oct 20

Arenal Observatory Lodge



We'll travel to the Arenal Volcano area with a 60-minute boat ride followed by a 2.5-hour drive. Arenal, one of Costa Rica's most iconic volcanoes, is known for its striking cone and constant gas emissions. The surrounding rainforest, alive with tropical birds, monkeys, and sloths, makes this destination unforgettable. En route, we'll stop for lunch at Pierella Gardens, a grassroots conservation project where a local family restored their land into a protected forest and a butterfly breeding garden.

www.Arenalobservatorylodge.com



Early morning bird watching at our lodge's bird feeders, using tropical fruit to draw many species. After breakfast, we will explore the gardens, trails, and waterfall of the hotel's private reserve.

The Arenal Observatory Lodge is a worldwide destination for nature lovers and bird watchers, with great chances to see howler monkeys, white-faced capuchin monkeys, spider monkeys, toucans, and other Central American wildlife.

Day 8: Thursday, Oct 21

Arenal Volcano





Day 9: Friday, Oct 22

Arenal Volcano hot-springs

Early morning nature walk on the Arenal Volcano Hanging Bridges. Suspended high above the forest floor, these bridges offer a rare opportunity to experience the rainforest from the perspective of its most active residents—the birds, monkeys, and countless other species that live in the canopy.

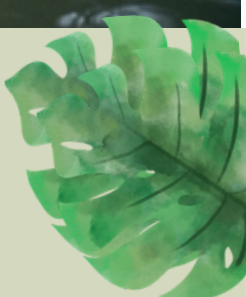
Lunch at a local restaurant.

After lunch, we will visit the Eco-Thermals Hot Springs, and soak to our heart's content in the natural springs surrounded by scenery and sounds of the rainforest.



Day 10: Saturday, Oct 23

Departure



All adventures come to an end
After nine days exploring the magic of
Costa Rica, we return home with
unforgettable memories.

Note: Please book departure flights after
12 PM. We'll drive directly from Arenal
Volcano to San José Airport, arriving
around 10 AM, allowing ample time for
flights departing at noon or later.

Pura Vida, Costa Rica!

ADDITIONAL INFORMATION

ECO-ADVENTURES OF COSTA RICA

The trip is limited to a maximum of 10 participants

\$ 6,250: Price per person based on double occupancy
\$800 single supplement

Prices are per person and include:

Private transportation on a microbus with air conditioning

Private internal charter flight

Transportation by boat, as described

Private naturalist guide services

Lodging and meals as described

Activities and entrance fees as described

Not Included:

Round-trip airfare to Costa Rica

Personal expenses (medical expenses, souvenirs, etc.)

Alcohol consumption

Travel Insurance

Medical insurance

Payment and Cancellation Policies

Trips must be paid in full 4 months before departure.

Refunds will be issued according to the following deadlines:

- For cancellations received 60 to 45 days prior to arrival, 50% of the total amount.
- For cancellations received 44 to 30 days prior to arrival, 25 % of the total amount.
- If the passenger cancels 29 days to 1 day prior to arrival, no refunds are available.

Secure your spot by emailing Carlos at Eco1adventures@gmail.com or Katherine at katherine.greenspun@gmail.com

Send an initial commitment check of \$700 made to Eco-Adventures LLC.

Mail your check to:

Carlos Chacon | 21 Park Circle. | Bluffton SC 29910

